Misuse case notes: Wagtail's validations minimize risk of malicious user input

1. Should client side validation and server side user input validation work by building one on top of the other? Like a two process authentication system, both have to be present in order to be able to get access granted? One builds on top of another…
2. As per Wagtail’s features, future support includes releases will be designated as long-term support (LTS) releases  (Page 242 Wagtail Document)
3. My train of thought is that not only will a malicious user try to “delete all admin accounts” but he /she might try to compromise data integrity (perhaps through network exploitation) and thus patches and updated SW release (point 3) prevent this.
4. I would like to think that one of wagtail’s validation measures ALSO helps use preserve data integrity (to assure us that the admin is who he /she claims to be, or the end users for that matter [client side}) I was thinking what else does a validation system prevent or do….